



*Mark your calendar !!
... for the 11th Annual Allies in Aging Conference*

Keynote Speaker

Stephen G. Post, PhD

The Self Enduring: The Meaning and Joy of Compassionate Care for the Deeply Forgetful



Medical Address

Geoff Daniel, M.D.

Dementia and Depression: Detecting, Differentiating and Improving Outcomes

*Thursday, October 22nd
Bingemans Conference Centre, Kitchener, Ontario*



Seminars:

Stephen G. Post, PhD - Caregiving as a Spiritual Practice
Lori Schindel-Martin, PhD - Communicating Strategies and Bathing Techniques
Francis Morton, PhD Candidate - Caregiver Strategies
Michael Lewis - Rolling with Life's Ups and Downs



Seniors For Seniors™



Presented by the Alzheimer Societies of Cambridge, Guelph-Wellington & Kitchener-Waterloo

Stephen G Post, PhD is the Director of the Center for Medical Humanities, Compassionate Care and Bioethics in the School of Medicine, Stony Brook University (SUNY). He is recognized internationally for his work on the unselfish compassionate love at the interface of science, ethics, religious thought and behavioural medicine. He has served as a member of both the Medical and Scientific Advisory Board of Alzheimer's Disease International, and the National Ethics Advisory Board for the Alzheimer's Association (U.S.). His book entitled *The Moral Challenge of Alzheimer Disease: Ethical Issues from Diagnosis to Dying* and his many other publications are widely influential. <http://www.sunysb.edu/bioethics/post.shtml>

Geoffrey Daniel MD, FRCP - Consulting Geriatric Psychiatrist, Penetang & Trellis (CMHC); Dufferin Senior's Outreach Team, Brampton Civic Hospital; Lecturer, University of Toronto.

Dr. Daniel is a Geriatric Psychiatrist with a vast amount of front-line clinical experience working with Wellington-Dufferin, Cambridge, PACE Peel (CAMH) and Penetang Senior's Outreach Teams. He has started innovative service delivery models such as Consultation clinics within the Nursing Home, and interagency training and partnering to build upon the strengths of the community. He has contributed to the work of the Interface DHC committee, the CW-LHIN, the BCH Geriatric Psychiatry implementation, the Alzheimer Societies of Guelph-Wellington and Dufferin, and is past Director of Geropsychiatry Inpatient Assessment and Treatment Service at Homewood Health Centre.

Lori Schindel-Martin, RN, PhD, Associate Professor, School of Nursing, Faculty of Community Services, Ryerson University

Lori graduated with a PhD from McMaster University School of Nursing in 2004, and is now an Associate Professor, School of Nursing, Ryerson University in Toronto. She has a passion for the development of bathing strategies and evaluation of staff training to manage episodes of physical aggression and behavioural responsiveness associated with dementia. In addition, Lori is the Chair of the Steering Committee that guides the Gentle Persuasive Approaches Curriculum development and evaluation program.

Frances Morton, MHSC (PhD Candidate) holds in-depth knowledge and experience in the fields of gerontology and health policy. Her professional expertise is drawn from her work in three different health sectors (homecare, acute-care, long-term care) and through her former roles as Public Policy Manager for the Alzheimer Society of Ontario; Assoc. Director of Education and Administration for the Murray Alzheimer Research and Education Program at the University of Waterloo; and Knowledge Broker for the Alzheimer Knowledge Exchange. Her research concerns determining the most appropriate care setting and mix of resources required to maintain frail and/or cognitively impaired seniors (deemed eligible for LTC facility placement), in the community if given access to appropriate community-based care packages.

Michael Lewis, Managing Director – Michael Lewis Training, Motivation And Development

“When life throws you lemons, do you know what to do? The longer I live the more I have come to recognize that we me make our own luck. In fact the harder we work towards our goals, the luckier we all seem to get. This motivational presentation is guaranteed to get you to stop thinking about all the excuses you use to defer you from your happiness and success and inspire you to live well now! Life is a finite experience and we all have only so much energy and time so what are you waiting for?”